



PSHE Newsletter Autumn 1

Jigsaw

The first jigsaw unit of the Autumn half term is always 'Being Me in My World'. This unit is very much about settling into and getting to know their new class, friends and expectations.

It is a really helpful unit to set those classroom expectations and develop a sense of belonging in class. It encourages the children to think about how they would like their class and the school to be.

For our Reception children, they getting used to a new school as well as a new class and group of friends as well as new teachers.

The first unit is about making everyone feel welcome and building a sense of belonging. The children think about how everyone has similarities and differences.

They being to talk about feelings and emotions, how to be kind and begin to develop a sense of responsibility.

Key Vocabulary: Calm me, Stop, Tidy, Think, Remember, Belong, Similar, Different, Happy, Sad, Angry, Excited, Feelings, Taking turns, Sharing, Nervous, Kind, Gentle, Friend, Learn, Rights, Responsibility, Choice



Year 1 starts by helping the children develop a sense of belong to their class as well as the whole school. They build an understanding that they are part of the school community and they help to make to the place it is.

They think about being 'responsible' for making their class room a safe, kind safe for everyone.

They also think about feelings and how it is important to think of others.

Finally, they develop their classroom charter which is an agreement for what they all expect their classroom to be.



Vocabulary: Safe, Special, Calm, Choice, Belong, Belonging, Special, Rights, Responsibilities, Learn, Learning Charter, Safe Place, Rights and Responsibilities, Learning Charter, Rewards, Proud, Views, Valued, Achievement, Rights and responsibilities, Learning Charter, Consequences, Feelings, Upset, Disappointed, Choice



Year 2, also think about making people feel welcome into their classrooms as well as the school. They will think about being kind and thoughtful towards other.

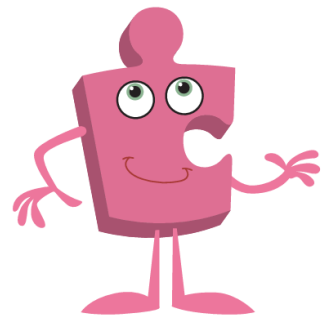
They will think about how they can make a difference. They help to make the school community what it is. They continue to build an understanding that they have a responsibility in school.

They will talk about how they have a right to learn and there are rewards and consequences in place. They will build a classroom charter which is an agreement on how they would like their classroom to be.

Vocabulary: Worries, Worried, Hopes, Fears, Belong, Belonging, Rights, Responsibilities, Responsible, Actions, Contributions, Assertive, Controlling, Praise, Reward, Consequence, Positive, Negative, Choices, Safe, Fair, Learning Charter, Learn co-operatively, Rights, Responsibilities, Rewards, Consequences, Problem-solving, Boundaries

Across the year, each year group will also look at 'protective behaviours'. In this time the children will use the correct names for external body parts as recommended by statutory government guidance.

They will also discuss the PANTS rule which recommended by the NSPCC, more information about this can be found here [PANTS resources for schools and teachers | NSPCC Learning | NSPCC Learning](#)



If you would like to see any more information about PSHE this half term we can provide you with access to more of the resources. Please speak to or message class teachers for further information.